



Une vision historique de l'amylose ATTR sauvage sur 30 ans

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**“If you want to know
the future, look at
the past”**

Albert Einstein



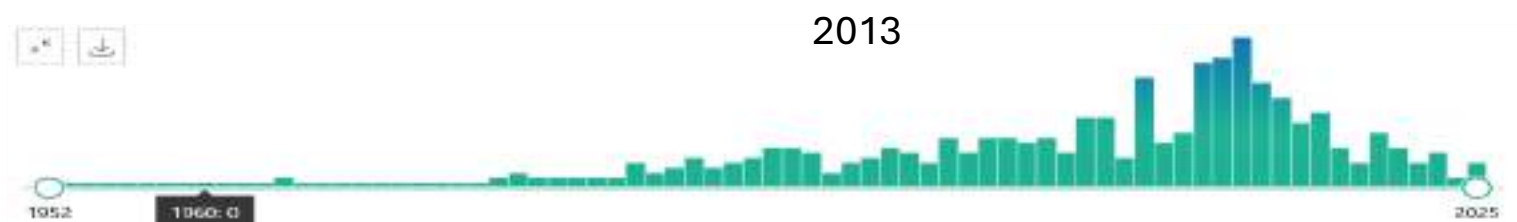
- >De l'entité anatomopathologique à la cardiomyopathie infiltrative traitable
- >De l'Amylose Systémique Sénile (Systemic Senile Amyloidosis-SSA) à l'Amylose à Transthyrétine Sauvage (ATTRwt)



Analyses sur le moteur de recherche pubmed (16/12/2025)

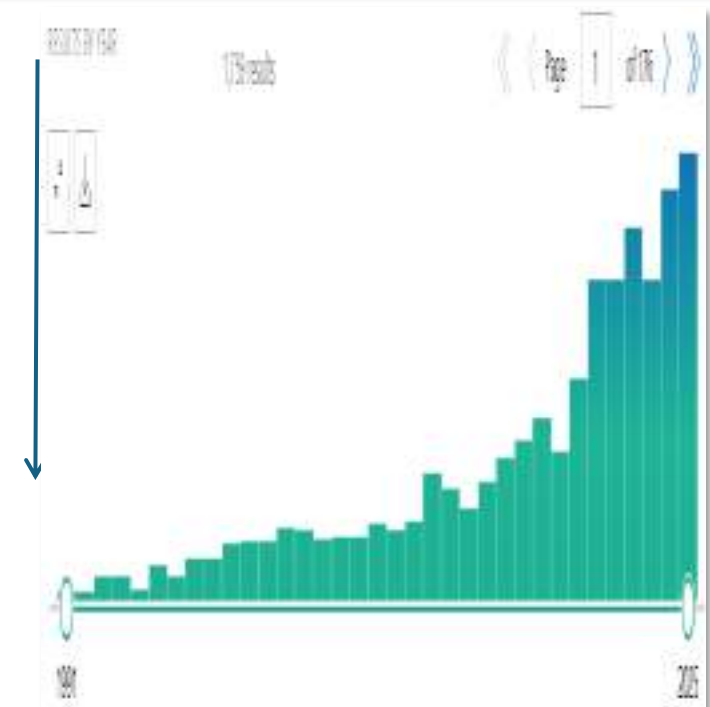
375 SSA results

“Senile Systemic Amyloidosis”



1759 ATTRwt results

“wild-type (transthyretin) amyloidosis”



<https://pubmed.ncbi.nlm.nih.gov/?term=senile+systemic+amyloidosis&sort=date>

<https://pubmed.ncbi.nlm.nih.gov/?term=wild+type+transthyretin+amyloidosis&sort=date>

<https://pubmed.ncbi.nlm.nih.gov/?term=wild-type%20and%20amyloidosis&sort=date&timeline=expanded>



2016

Amyloid

The Journal of Protein Folding Disorders

<http://informahealthcare.com/amy>
ISSN: 1350-6129 (print), 1744-2818 (electronic)

Amyloid, 2016; 23(4): 209–213

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NOMENCLATURE ARTICLE

Amyloid fibril proteins and amyloidosis: chemical identification and clinical classification International Society of Amyloidosis 2016 Nomenclature Guidelines

Jean D. Sipe¹, Merrill D. Benson², Joel N. Buxbaum³, Shu-ichi Ikeda⁴, Giampaolo Merlini⁵, Maria J. M. Saraiva⁶, and Per Westermark⁷

“The designation senile systemic amyloidosis (SSA) was coined when it became clear that this is a systemic disease with a specific amyloid protein and not only a cardiac disease that occurs particularly in old age [20]. It was later shown that the fibril protein in SSA is derived from WT TTR [21] and that the disease can occur at younger age.

It is therefore the committee’s recommendation to use “wild-type ATTR (ATTRwt) amyloidosis” instead of SSA. In a transition period both SSA and ATTRwt amyloidosis can be used simultaneously in order to avoid confusion.”



Histoire de « l'amylose à transthyrétine (ATTR) sauvage »

Senile Systemic Amyloidosis

- L'histoire de l'amylose ATTR sauvage est emblématique de l'évolution de notre regard sur les maladies du vieillissement.
- Longtemps reléguée au rang d'épiphénomène sénile, elle est aujourd'hui reconnue comme une cardiomyopathie infiltrative fréquente, à fort impact pronostique
- Et elle est désormais accessible à des traitements modificateurs de l'histoire naturelle

Senile systemic amyloidosis, an age-related disease, occurs in the aorta, heart tissue, brain, pancreas, lung, liver, kidney, and a number of other tissues.¹¹ Wild-type transthyretin (TTR), a transport protein synthesized in the liver and choroid plexus, forms the amyloid deposits.¹² Senile systemic amyloidosis affects men predominantly, usually after age 70 years, and affects the heart in 25% of persons older than 80 years.¹³ The disease is often unrecognized; however, extensive amyloid deposition leads to clinically significant heart failure. The disease course is less aggressive than AL, with a median survival of 75 months.¹⁴



Histoire de l'ATTR sauvage en “Cardiologie”...2005?

1876...1980

2005

2010

2018

SSA

Autopsies
Clinique
Genétique /Spectro
Scintigraphie
Diagnostic non invasif

Diffusion
Imagerie Multimodalité

Thérapeutiques
ciblées

CARDIOLOGIE

Prévention primaire
Développement de la Coronarographie, Stent
Développement des traitements de l'insuffisance cardiaque



80ans, de l'amylose “reliée à l'âge” la “SSA”.

- **Premier cas rapporté**
 - **1876 : Age-related or senile cardiac amyloidosis** : Isidor Soyka J. *Prag Med Wochenschr.* 1876;1:165-171.
 - First to describe amyloidosis affecting predominantly the heart in 2 older patients
- **Descriptions de Cas Cliniques de 1948 de “l'amylose primaire” au Concept de “SSA”:**
 - **1939: Primary systemic amyloidosis: involvement of cardiac valves, joints and bones, with pathologic fracture of the femur.** Koletsky. S., and Stecher, R. *M Arch. Path.*, 1939, 27, 267-288.
 - **1948 : Atypical amyloid disease, with observations on a new silver stain for amyloid**
 - **King LS** *Am J Pathol* . 1948 Sep;24(5):1095-1115 : “*With this classification, a new category, "atypical amyloidosis associated with senility,"*
 - **1957 : The Relation between Amyloid and Ageing in Comparative Pathology** P.J. Thung *Gerontologia* (1957) 1 (4): 234–254.
 - **1960 : Clinical Study, Senile cardiac amyloidosis;** Buerger L. Braunstein H, *American Journal of Medicine* Volume 28, Issue 3, March 1960, Pages 357-367
- **De la « SSA » à la Transhyréine**
 - **1980 : Senile cardiac amyloid is related to prealbumin,** Letten, K · Westermarck, P · Natvig, JB, *Scand J Immunol.* 1980; **12**:503-506
 - **1982 : Senile aortic amyloid: a third distinctive type of age-related cardiovascular amyloid** Cornwell, III, GG · Westermarck, P · Murdoch, W ...*Am J Pathol.* 1982; **108**:135-139



De 1960 à 1985 L'ère anatomopathologique SSA : une maladie longtemps peu connue des cliniciens

- Séries autopsiques décrivant l'ATTR comme liée au vieillissement
- Dépôts amyloïdes cardiaques fréquents chez le sujet âgé
- L'Interprétation dégénérative/vieillessement prédomine largement.
- Classification dans Amylose Primaire ou groupe séparé?

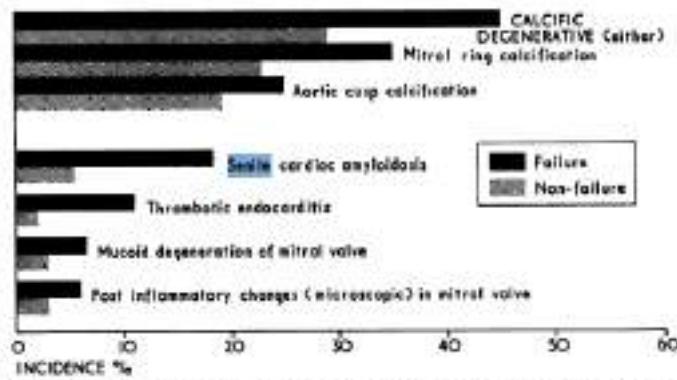


FIG. 2.—Comparative incidence of less well-recognized cardiac abnormalities in failure and non-failure cases.

Briggs, G. W. (1961). Amyloidosis. *Ann. intern. Med.*, 55, 943.

Ariela Pomerance, *Senile Cardiac Amyloidosis Brit. Heart J.*, 1965, 27, 711.

Ariela Pomerance "PATHOLOGY OF THE HEART WITH AND WITHOUT CARDIAC FAILURE IN THE AGED", *Brit. Heart J.*, 1965, 27, 697.



1985 – 1990 : Amylose Systémique Sénile : Maladie Cardiaque

1985

- D'un état perçue comme le plus souvent bénin à une maladie inéluctable
- Absence de stratégie diagnostique
- Intégré dans la physiopathologie des amyloses mais en arrière fond...

1990

- Identification de la transthyrétine sauvage : »Fibril in senile systemic amyloidosis is derived from normal transthyretin ». Westermarck P, Sletten K, Johansson B, Cornwell GG III. *Proceedings of the National Academy of Sciences USA*. 1990;87(7):2843-2845.
- Distinction AL, ATTR héréditaire et ATTR sauvage

Kyle RA, Gertz MA. Primary systemic amyloidosis: clinical and laboratory features in 474 cases. *Seminars in Hematology*. 1995;32(1):45-59.



1987 : Un diagnostic HISTOLOGIQUE : *Senile cardiac amyloidosis with myocardial dysfunction. Diagnosis by endomyocardial biopsy and immunohistochemistry?*

- L'amylose cardiaque sénile est longtemps considérée comme une découverte fortuite à l'autopsie.
- La forme systémique peut être identifiée par immunohistochimie à l'aide d'un antisérum dirigé contre la préalbumine.
- Cas de patients avec dysfonction cardiaque (50-70 ans) = SSA diagnostiquées par BIOPSIE
- « Cette distinction est essentielle car le pronostic et la prise en charge diffèrent de ceux des autres formes d'amylose cardiaque. »
- **Un marquage immunohistochimique de la préalbumine est recommandé chez les patients présentant une amylose cardiaque prouvée par biopsie en l'absence de chaîne légère monoclonale détectable.**

Olson LJ, Gertz MA, Edwards WD, et al. Senile cardiac amyloidosis with myocardial dysfunction. Diagnosis by endomyocardial biopsy and immunohistochemistry. *N Engl J Med*. 1987;317:738-742.

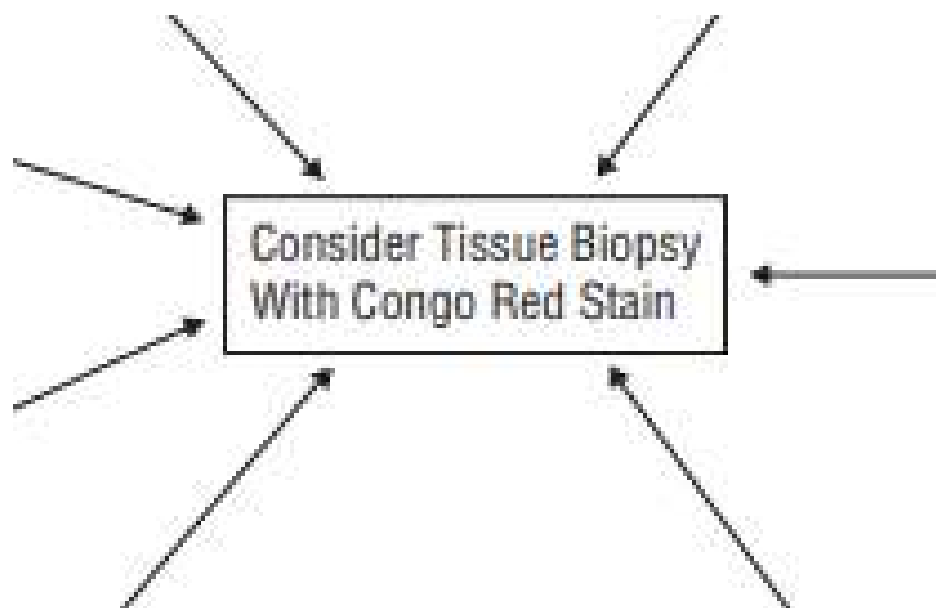


1996 : Un diagnostic HISTOLOGIQUE : “*The premortem recognition of systemic senile amyloidosis with cardiac involvement*”

- 18 patients avec « SSA » confirmée par histologie (alcian blue, rouge Congo) et **immunomarquage à la transthyrétine**.
- L'atteinte cardiaque était sévère dès le diagnostic, avec IC (17/18) et FA (11).
- Pas de gammapathie, pas de mutation ATTR chez les patients testés
- Le typage immunohistochimique (chaînes légères κ/λ et transthyrétine) **est indispensable** pour différencier amylose sénile systémique, amylose familiale et amylose AL.
- Le pronostic est nettement meilleur que dans l'amylose AL, et **les agents alkylants sont contre-indiqués dans l'amylose sénile systémique**.



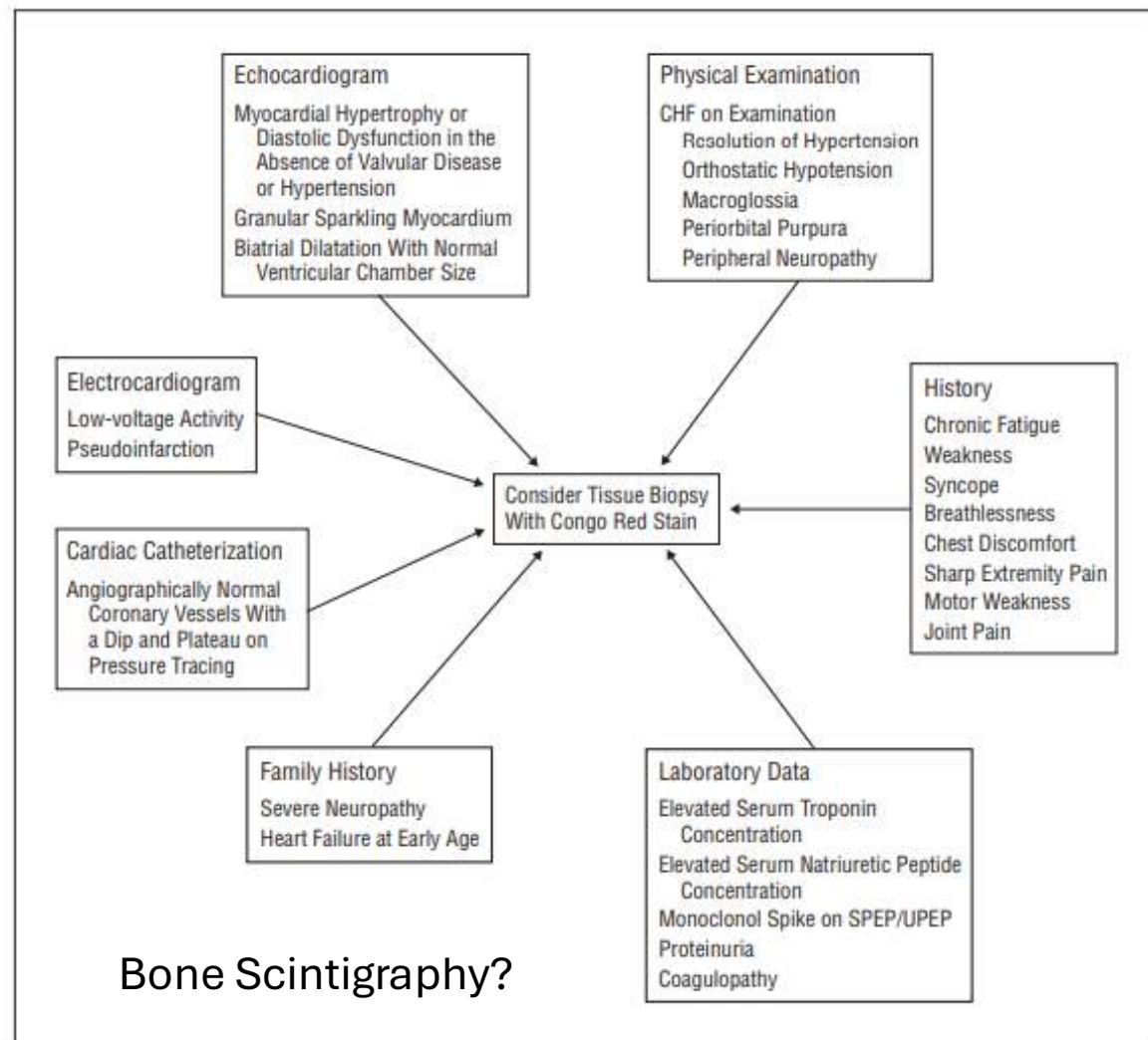
2006: Toujours un diagnostic Histologique



Amyloidosis and the Heart

A Comprehensive Review

Keyur B. Shah, MD; Yoshio Inoue, MD; Mandeep R. Mehra,
MD ARCH INTERN MED/VOL 166, SEP 25, 2006



Bone Scintigraphy?

Figure 5. Constellation of symptoms and signs and objective data suggestive of cardiac amyloidosis. CHF indicates congestive heart failure; SPEP, serum protein electrophoresis; and UPEP, urine protein electrophoresis.



De 1985 à 2005 : De Émergence du "phénotype cardiaque"

- HFpEF, hypertrophie ventriculaire gauche inexpliquée
- Dysfonction cardiaque
- Troubles conductifs et rythmologiques
- *Mais pourtant :*

CLINICAL PRACTICE

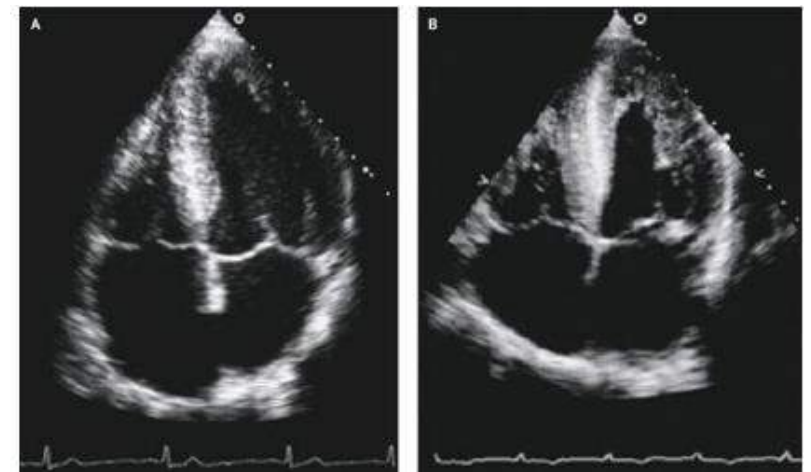
Diastolic Heart Failure

Authors: Gerard P. Aurigemma, M.D., and William H. Gaasch, M.D. [Author Info & Affiliations](#)

Published September 9, 2004 | N Engl J Med 2004;351:1097-1105 | DOI: 10.1056/NEJMcp022709

VOL. 351 NO. 11 | Copyright © 2004

f



Ng B, Connors LH, Davidoff R, Skinner M, Falk RH. Senile systemic amyloidosis presenting with heart failure. American Journal of Cardiology. 2005;95(4):534-536.



Quand la SSA s'entremêle avec l'Amylose Héritaire Cardiaque (ATTRv-CM) insuffisamment connue.

VARIANT-SEQUENCE TRANSTHYRETIN (ISOLEUCINE 122) IN LATE-ONSET CARDIAC AMYLOIDOSIS IN BLACK AMERICANS

DANIEL R. JACOBSON, M.D., RAYMOND D. PASTORE, M.D., ROBERT YAGHOUBIAN, M.D., IMMACULATA KANE, M.S.,
GLORIA GALLO, M.D., FRANCIS S. BUCK, M.D., AND JOEL N. BUXBAUM, M.D.

- This variant was discovered in 1988, in transthyretin isolated from the fibrils of a 68-year-old black man with no known family history of amyloidosis who died of massive cardiac amyloidosis.
- “In the absence of a known family history, patients with cardiac transthyretin Ile 122 amyloidosis may be given a clinical diagnosis of senile cardiac amyloidosis.”



2005 : Scintigraphie osseuse : Révolution diagnostique

- Diagnostic non invasif spécifique de l'ATTR

Noninvasive Etiologic Diagnosis of Cardiac Amyloidosis Using ^{99m}Tc -3,3-Diphosphono-1,2-Propanodicarboxylic Acid Scintigraphy

Enrica Perugini, MD,* Pier Luigi Guidalotti, MD,† Fabrizio Salvi, MD,‡ Robin J. Cinzia Pettinato, MD,† Letizia Riva, MD,* Ornella Leone, MD,§ Mohsen Farsad, MD,* Paolo Ciliberti, MD,* Letizia Bacchi-Reggiani, MSc, MBIOSAT,* Francesco Falla, MD,* Angelo Branzi, MD,* Claudio Rapezzi, MD*

Bologna, Italy

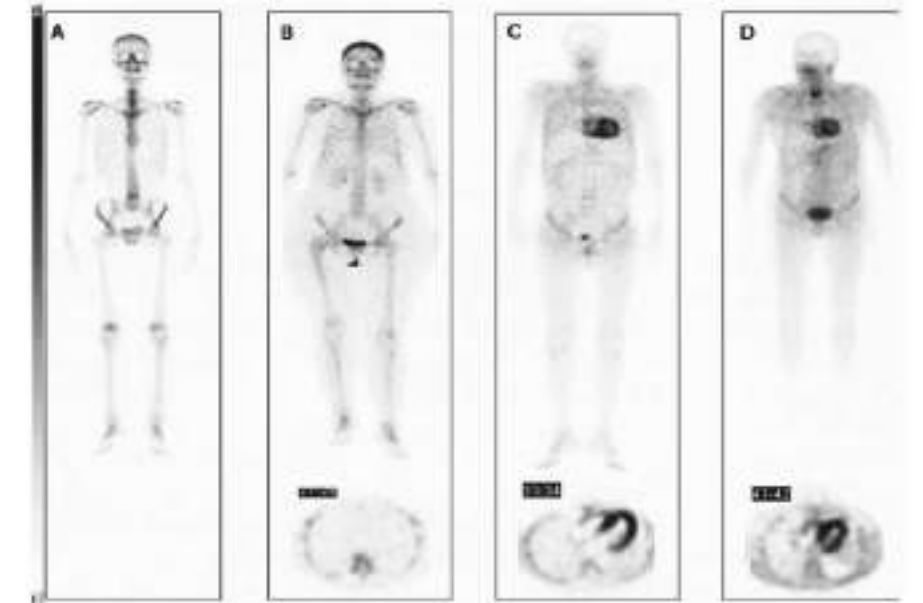


Figure 1. Representative examples illustrating the spectrum of ^{99m}Tc -3,3-diphosphono-1,2-propanedicarboxylic acid (^{99m}Tc -DPD) uptake among patients with transthyretin (TTR)-related or monoclonal immunoglobulin light-chain (AL) cardiac amyloidosis and unaffected controls (**top row** = whole-body scans, anterior view; **bottom row** = cross-sectional views of cardiac single-photon emission computed tomography in the same patients). (A) Unaffected control subject without visually detectable uptake. (B) Patient with AL amyloidosis and echocardiographic documentation of cardiac involvement without any visually detectable signs of myocardial ^{99m}Tc -DPD uptake; still uptake of the tracer is visible only at the soft tissue level. (C and D) Two patients with TTR-related amyloidosis and echocardiographic documentation of cardiac involvement, both showing strong myocardial ^{99m}Tc -DPD uptake (with absent lower uptake); in one of the patients (D), splenic uptake is also visible.

Perugini E, Guidalotti PL, Salvi F, Cooke RM, Pettinato C, Riva L, Leone O, Farsad M, Ciliberti P, Bacchi-Reggiani L, et al. Noninvasive etiologic diagnosis of cardiac amyloidosis using ^{99m}Tc -DPD scintigraphy. *Journal of the American College of Cardiology*. 2005;46(6):1076-1084.



2016 Diagnostic non biopsique intégré

- Scintigraphie positive + exclusion amylose AL
- Standard international

Circulation

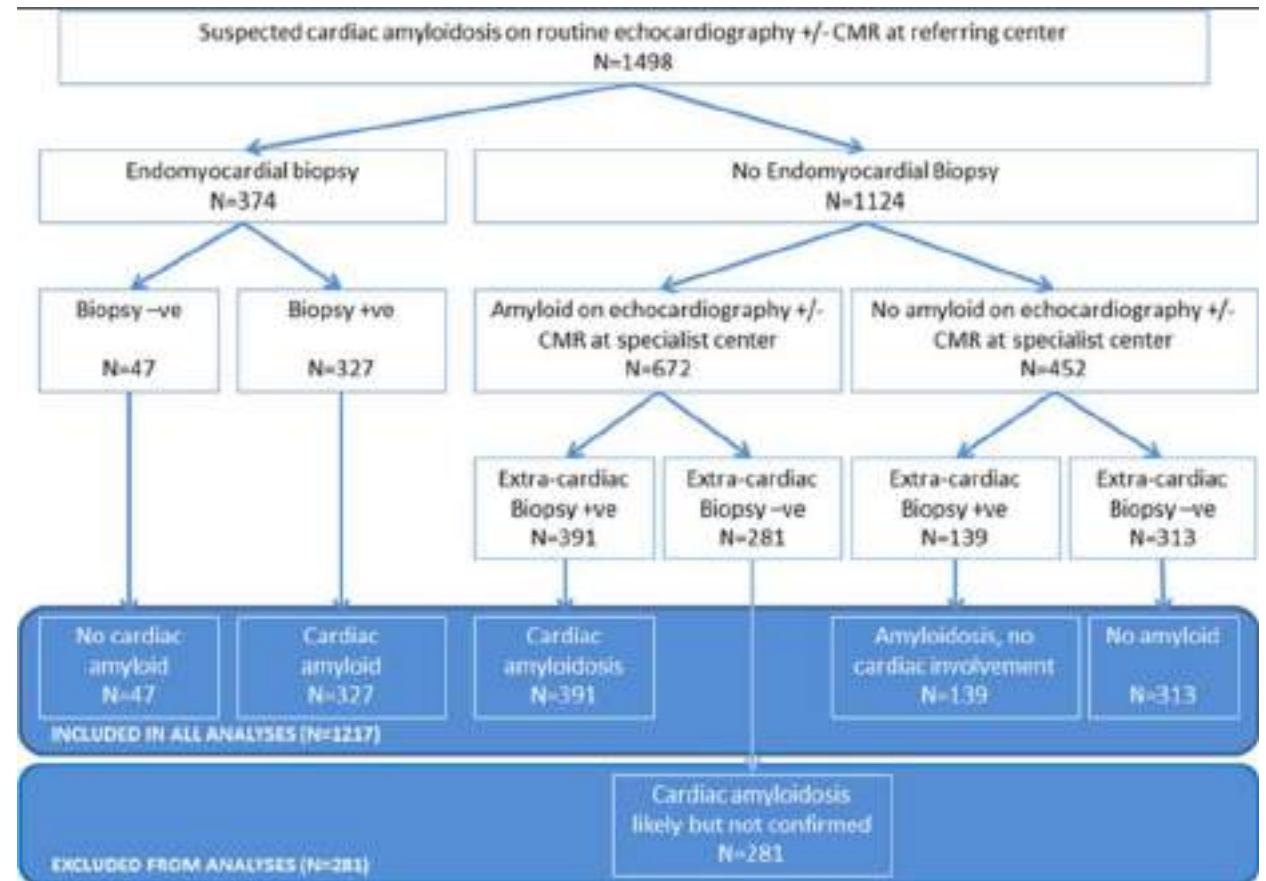
Volume 133, Issue 24, 14 June 2016; Pages 2404-2412
<https://doi.org/10.1161/CIRCULATIONAHA.116.021612>



HEART FAILURE

Nonbiopsy Diagnosis of Cardiac Transthyretin Amyloidosis

Julian D. Gillmore, MD, PhD, Mathew S. Maurer, MD, Rodney H. Falk, MD, Giampaolo Merlini, MD, Thibaud Damy, MD, Angela Dispenzieri, MD, Ashutosh D. Wechalekar, MD, DM, John L. Berk, MD, Candida C. Quarta, MD, PhD, Martha Grogan, MD, Helen J. Lachmann, MD, Sabahat Bokhari, MD, Adam Castano, MD, Sharmila Dorbala, MD, MPH, Geoff B. Johnson, MD, PhD, Andor W.J.M. Glaudemans, MD, PhD, Tamer Rezk, BSc, Marianna Fontana, MD, Giovanni Palladini, MD, PhD, Paolo Milani, MD, Pierluigi L. Guidalotti, MD, Katarina Flatman, Thirusha Lane, MSc, Frederick W. Vonberg, MBBS, Carol J. Whelan, MD, James C. Moon, MD, Frederick L. Ruberg, MD, Edward J. Miller, MD, PhD, David F. Hutt, BApSc, Bouke P. Hazenberg, MD, PhD, Claudio Rapezzi, MD, and Philip N. Hawkins, PhD, FMedSci



Gillmore JD, Maurer MS, Falk RH, Merlini G, Damy T, Dispenzieri A, Wechalekar AD, Berk JL, Quarta CC, Grogan M, et al. Nonbiopsy diagnosis of cardiac transthyretin amyloidosis. *Circulation*. 2016;133(24):2404-2412.

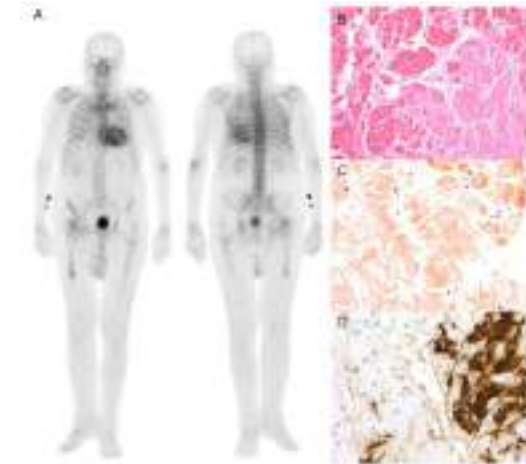


2015 : ATTR sauvage : Cause majeure de HFpEF

- Prévalence élevée chez le sujet âgé
- Errance diagnostique prolongée

Wild-type transthyretin amyloidosis as a cause of heart failure with preserved ejection fraction

Esther González-López¹, Maria Gallego-Delgado¹, Gonzalo Guzzo-Merello¹, F. Javier de Haro-del Moral², Marta Cobo-Marcos¹, Carolina Robles¹, Belén Bornstein^{3,4,5}, Clara Salas⁶, Enrique Lara-Pezzi⁷, Luis Alonso-Pulpon¹, and Pablo Garcia-Pavia^{1,7*}



“ATTRwt is an underdiagnosed disease that accounts for a significant number (13%) of HFpEF cases. The effect of emerging TTR-modifying drugs should be evaluated in these patients”



2016 : Avant l'ère thérapeutique spécifique : Comment traiter les patients?

- Traitement symptomatique seul
- Pronostic défavorable

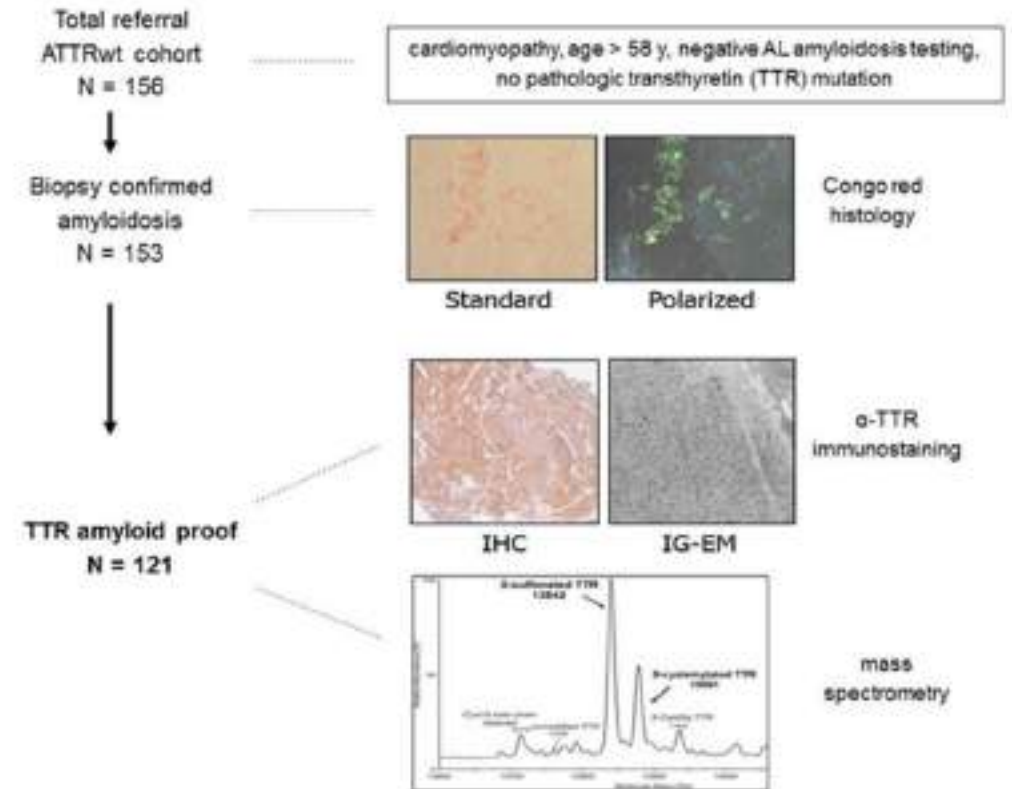
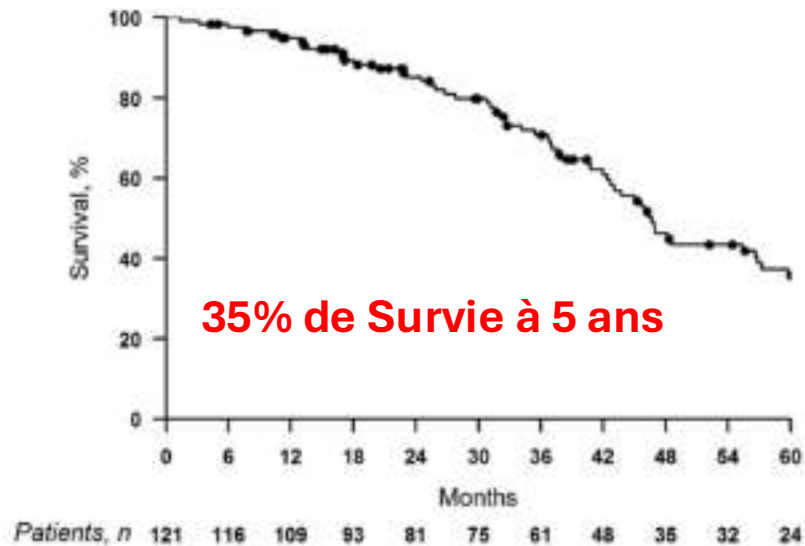


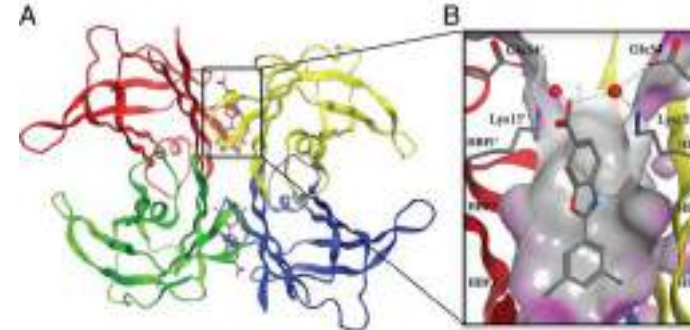
Figure 1.
ATTRwt cohort testing schema.



2010-2018 Du rationnel mécanistique de la stabilisation de la transthyrétine à ATTR-ACT

Tafamidis, a potent and selective transthyretin kinetic stabilizer that inhibits the amyloid cascade

Christine E. Bulawa^{a,1}, Stephen Connelly^b, Michael DeVit^c, Lan Wang^d, Charlotte Weigel^a, James A. Fleming^a, Jeff Packman^c, Evan T. Powers^{a,f}, R. Luke Wiseman^g, Theodore R. Foss^h, Ian A. Wilson^{a,f}, Jeffery W. Kelly^{a,i,g}, and Richard Labaudinière^c



ESC 2018 Munich

“Maestro Claudio”



Transthyretin Amyloidosis (ATTR)

- “Bone scintigraphy” has recently broadened the diagnostic possibilities. Current estimates of ATTR-CM include:
 - 13% in hospitalized HFpEF patients¹
 - 16% in patients undergoing transcatheter aortic valve replacement for severe aortic stenosis²
 - 5% in patients with presumed HCM³
 - 1%-2% of subjects undergoing bone scintigraphy for non-cardiac reasons⁴
- Treatments for ATTR-CM have been limited to supportive care, with no guideline-recommended treatment
- Median survival after diagnosis in untreated patients is ~2.5 years for ATTRm and 3.6 years for ATTRwt⁵

ESC Congress Munich 2018 • Wieslender-Lopez E, et al. Eur Heart J 2018;39:2580-84. • Castano A, et al. Eur Heart J 2017;38:1879-87. • Dancy T, et al. Eur Heart J 2016;37:1826-34. • Googul H, et al. ESC Cardiovascular Imaging. 2014;7:531-3. • Vargha P, et al. J Am Coll Cardiol 2014;63:1000-1006.



Bulawa CE, Connelly S, DeVit M, Wang L, Weigel C, Fleming JA, Packman J, Prokop S, Chen Y, Barclay J, et al. Tafamidis, a potent and selective transthyretin kinetic stabilizer.

Proceedings of the National Academy of Sciences USA. 2012;109(24):9629-9634.

Maurer MS, Schwartz JH, Gundapaneni B, Elliott PM, Merlini G, Waddington-Cruz M, Kristen AV, Grogan M, Witteles R, Damy T, et al. Tafamidis treatment for patients with transthyretin amyloid cardiomyopathy. New England Journal of Medicine. 2018;379:1007-1016.



Le boom du dépistage dans le monde et en France!!

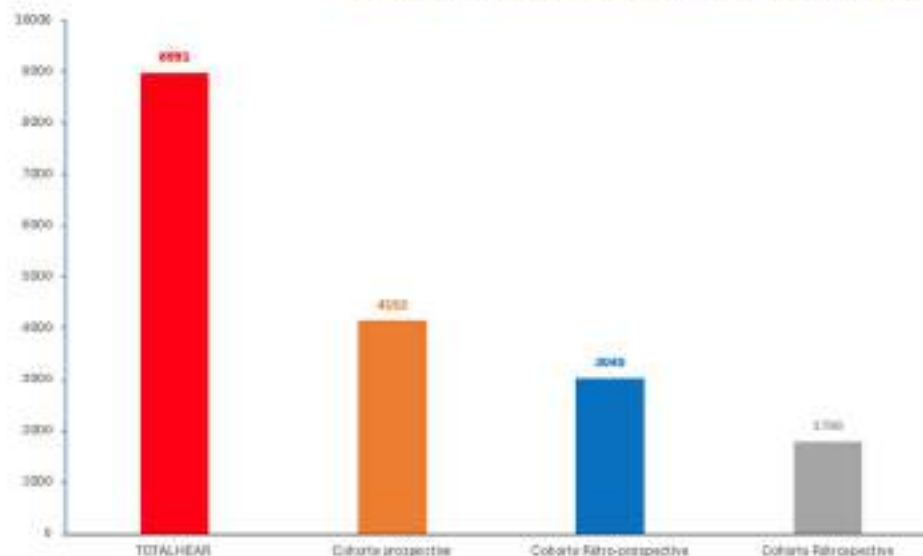
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Etat d'avancement des inclusions (28.11.2025)



- Nov 2025 : 8 991 patients
- 4153 patients = prospective; patients adressés au centre « suspicion d'amylose »
- 3040 patients = rétro-prospective; patients vivants avec un diagnostic d'amylose confirmé
- 1798 patients = rétrospective → Cohorte historique, patients décédés dont le diagnostic d'amylose a été confirmé avant la mise en place du registre HEAR dans le centre.



Controverses actuelles et perspectives

- Dépistage ciblé vs systématique
- Pathologique pour tous ou Bénin pour certains?
- Coût-efficacité
- Thérapies émergentes



TIC-TAC,

*Il est temps de changer de **TAC-TIC,***

*Passons du **TACØTAC !!!***



Damrauer SM, Chaudhary K, Cho JH, Liang LW, Argulian E, Chan L, Drachman BM, Hsu S, Kittleson MM, Maurer MS, et al. Association of tafamidis with survival in transthyretin amyloid cardiomyopathy. Circulation. 2021;143(18):1833-1844.



Conclusion

- Relire l'histoire pour mieux anticiper l'avenir thérapeutique et le chemin parcouru...

« *Pour ce qui est de l'avenir, il ne s'agit pas de le prévoir
mais de le rendre possible* »

Antoine de Saint-Exupéry, *Citadelle*,
œuvre posthume, écrite entre 1941
et 1944, publiée en 1948



Une intégration des Amyloses Cardiaque dans la Cardiologie

2010-18





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MECHANISMS OF DISEASE

Molecular Mechanisms of Amyloidosis

Giampaolo Merlini, M.D., and Vittorio Bellotti, M.D., Ph.D.

In amyloid disease, potentially pathogenic misfolded proteins can form in different ways. The protein may have an intrinsic propensity to assume a pathologic conformation, which becomes evident with aging (e.g., normal transthyretin in patients with **senile** systemic amyloidosis)¹⁵ or at persistently high concentrations in serum (e.g., beta₂-microglobulin in patients undergoing long-term hemodialysis).¹⁶ Another mechanism is the replacement

Citée deux fois

The systemic amyloidoses: clearer understanding of the molecular mechanisms offers hope for more effective therapies

[G Merlini](#), [P Westermark](#)

First published: 26 January 2004 | <https://doi.org/10.1046/j.1365-2796.2003.01262.x> |

Table 1. Amyloid Proteins and Their Precursors.*

Amyloid Protein	Precursor	Distribution	Type	Syndrome or Involved Tissues
A β	A β protein precursor	Localized Localized	Acquired Hereditary	Sporadic Alzheimer's disease, aging Prototypical hereditary cerebral amyloid angiopathy, Dutch type
APrP	Prion protein	Localized Localized	Acquired Hereditary	Sporadic (iatrogenic) CJD, new variant CJD (alimentary?) Familial CJD, GSSD, FFI
ABri	ABri protein precursor	Localized or systemic?	Hereditary	British familial dementia
ACys	Cystatin C	Systemic	Hereditary	Icelandic hereditary cerebral amyloid angiopathy
A β 2M	Beta ₂ -microglobulin	Systemic	Acquired	Chronic hemodialysis
AL	Immunoglobulin light chain	Systemic or localized	Acquired	Primary amyloidosis, myeloma-associated
AA	Serum amyloid A	Systemic	Acquired	Secondary amyloidosis, reactive to chronic infection or inflammation including hereditary periodic fever (FMF, TRAPS, HIDS, FCU, and MWS)
ATTR	Transthyretin	Systemic Systemic	Hereditary Acquired	Prototypical FAP Senile heart, vessels
AApoA1	Apolipoprotein A-I	Systemic	Hereditary	Liver, kidney, heart
AApoAII	Apolipoprotein A-II	Systemic	Hereditary	Kidney, heart
AGel	Gelsolin	Systemic	Hereditary	Finnish hereditary amyloidosis
ALys	Lysozyme	Systemic	Hereditary	Kidney, liver, spleen
AFib	Fibrinogen A α chain	Systemic	Hereditary	Kidney